



ELEMENTARY SEXUALITY EDUCATION PLAN 2022-2023

École Edward Murphy School



CYCLE 1 ELEMENTARY

THEME	COMPREHENSIVE VIEW OF SEXUALITY	SEXUAL GROWTH AND BODY IMAGE	EMOTIONAL AND ROMANTIC LIFE	PREGNANCY AND BIRTH	SEXUAL ASSAULT PREVENTION	IDENTITY, STEREOTYPES AND ROLES, AND SOCIAL NORMS
<p>GRADE 1</p> <p>For MEES detailed content in Sexuality education Click here</p>	<p>WHO: Please check all that apply</p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 3 hours</p> <p>SUBJECT AREA: homeroom teacher</p> <ul style="list-style-type: none"> ▪ Mind: Knowledge and questions about sexuality ▪ Heart: Emotions, feelings and expression ▪ Body: growth, needs, 5 senses & hygiene 		<p>WHO: Please check all that apply</p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: homeroom teacher</p> <ul style="list-style-type: none"> ▪ Definition of sexual assault ▪ Self-protection skills ▪ Self-Defense skills ▪ Reporting an incident 	<p>WHO: Please check all that apply</p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 1 hour</p> <p>SUBJECT AREA: homeroom teacher</p> <ul style="list-style-type: none"> ▪ Respect for individual differences ▪ Individual choices: activities, preferences, interests ▪ Gender roles associated with girls and boys 		

*Please note that blackened areas are themes not covered in that grade



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GRADE 2 For MEES detailed content in Sexuality education Click here		WHO: Please check all that apply <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Term 2 DURATION: 2 hours SUBJECT AREA: homeroom teacher/PE teacher <ul style="list-style-type: none"> ▪ Knowing your body ▪ Using correct terms for the parts of the body ▪ Bodily needs: Hygiene, food, physical activity, sleep, etc. 	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Term 2 DURATION: 2 hours SUBJECT AREA: homeroom teacher/ PE teacher <ul style="list-style-type: none"> ▪ Range of feelings toward the people in your life ▪ Positive feelings: Love, trust, respect, loyalty, etc. ▪ Negative feelings: jealousy, disappointment, sadness, etc. 	WHO: <i>Please check all that apply</i> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization WHEN: Term 2 DURATION: 1 hour SUBJECT AREA: homeroom teacher/PE teacher <ul style="list-style-type: none"> ▪ Understand the phenomenon of birth (organs involved in reproduction) 		

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<p>GRADE 3</p> <p>For MEES detailed content in Sexuality education Click here</p>			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization (SHINE) <p>WHEN: Term 2</p> <p>DURATION: 1.5 hours</p> <p>SUBJECT AREA: ELA/ERC/French</p> <ul style="list-style-type: none"> ▪ Definition of sexual assault ▪ Self-protection/self-defense ▪ Reporting an incident 	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA: ELA/ERC/French</p> <ul style="list-style-type: none"> ▪ Stereotypes conveyed about girls and boys ▪ Establishing egalitarian relationships 		

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<p>GRADE 4</p> <p>For MEES detailed content in Sexuality education Click here</p>		<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization</p> <p>WHEN: Term 2</p> <p>DURATION: 1.5 hours</p> <p>SUBJECT AREA: ELA/ERC/French</p> <ul style="list-style-type: none"> Main changes associated with puberty Feelings about growing up : positive- Pride, excitement independence Negative- unease , embarrassment 	<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization</p> <p>WHEN: Term 2</p> <p>DURATION: 2 hours</p> <p>SUBJECT AREA: ELA/ERC/French</p> <ul style="list-style-type: none"> Definition & perceptions of friendship and love Characteristics of a friend and importance of friendships Acceptance of diversity, concern for others , empathy, commitment, respect, dealing with conflicts 			<p>WHO: Please check all that apply</p> <p><input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization</p> <p>WHEN: Term 2</p> <p>DURATION: 1.5 hours</p> <p>SUBJECT AREA: ELA/ERC/French</p> <ul style="list-style-type: none"> Positive attitudes associated with each gender Peer relationships and the social environment

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CYCLE 3 ELEMENTARY						
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GRADE 5 For MEES detailed content in Sexuality education Click here	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2</p> <p>DURATION: 2.5 hours</p> <p>SUBJECT AREA: homeroom teacher</p> <ul style="list-style-type: none"> ▪ Role of hormones ▪ 5 stages of physical puberty ▪ Needs of changing body: hygiene , food, sleep, phys. activity ▪ Psychological changes: need for independence , intimacy, moodiness, exploration of values and norms ▪ Feelings about puberty 		<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input checked="" type="radio"/> Approved organization (SHINE) <p>WHEN: Term 2</p> <p>DURATION: 2.5 hours</p> <p>SUBJECT AREA: homeroom teacher</p> <ul style="list-style-type: none"> ▪ Real world situations involving someone you know ▪ Virtual world situations ▪ Self-protection /self-defense ▪ Seeking solutions , asking for help , protecting a friend by reporting to an adult in the real or virtual world 			



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<p>GRADE 6 For MEES detailed content in sexuality education Click here</p>		<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2 DURATION: 1 hour</p> <p>SUBJECT AREA: homeroom teacher</p> <ul style="list-style-type: none"> ▪ Understanding the changes that will take place with puberty ▪ Individual variations in puberty ▪ Individual differences in body type ▪ Genetics, heredity, diet, environment lifestyle 	<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2 DURATION: 1 hour</p> <p>SUBJECT AREA: homeroom teacher</p> <ul style="list-style-type: none"> ▪ Puberty: influence of hormones ▪ Physiological Manifestations ▪ Romantic awakening-attraction, changes in interpersonal relationships 			<p>WHO: <i>Please check all that apply</i></p> <ul style="list-style-type: none"> <input checked="" type="radio"/> Teacher <input type="radio"/> Board Professional <input type="radio"/> Health Care Professional <input type="radio"/> Approved organization <p>WHEN: Term 2 DURATION: 2 hours</p> <p>SUBJECT AREA: homeroom teacher</p> <ul style="list-style-type: none"> ▪ Understanding how discrimination based on gender identity , gender expression and sexual orientation can affect people ▪ Respecting sexual diversity and differences